



BALTIMORE CITY
PUBLIC SCHOOLS

Student Wellness Support Teams:

A District Wide Initiative to Address
Post Pandemic Student Mental Health
Needs





Baltimore City Public Schools: District Profile



75,995 Students

8,677 Staff

4,943 Teachers

Race/Ethnicity Composition

Black: 73%
Hispanic: 17%
White: 7%
Asian: $\leq 5\%$
American Indian: $\leq 5\%$
Pacific Islander: $\leq 5\%$
Multiracial: $\leq 5\%$

Students With
Disabilities (SWD):
14%

SWD who receive
Mental Health
Services: approx.
20%



Baltimore City Schools: Student Wholeness Goal

More Students feel connected and supported at their School.

Subgoal: Mental Health

In SY26-27, 95% of students that need mental health or emotional support say it is very easy/easy for them to get support at their school or be connected to appropriate resources.



Our WHY

The student Wellness Support Team (SWST) was created to address:

- Increased Mental Health and Social Emotional Needs of students post pandemic
- The Impact of National Shortages of Mental Health Clinicians





Student Wellness Support Team(SWST)

The Student Wellness Support Team (SWST) is a robust team of subject matter experts that work in collaboration to support all students, families, and the entire school community to create a safe space for learning, wellness, health and safety.

The Goal: to provide comprehensive social-emotional supports and a safe space to help students succeed in the learning environment.



Members of the Student Wellness Support Team?

- Nurse
- School Social Worker
- School Psychologist
- School Counselor (*where applicable*)
- Expanded School Mental Health (*where applicable*)
- Wholeness Specialist (*where applicable*)
- Family Community Specialist (*where applicable*)





Implementing the SWST Initiative



Identifying Key Staff



Setting Expectations



Developing Resources



Monitoring Progress



Reflecting and Establishing Next Steps



1st 30 Days of School (School-based Administrators)

- Introductory Flyer
- School Website
- Back to School Night Agenda
- Open House/ Sneak-a-Peek/Student Orientation



1st 30 Days of School (SWST)

Morning Announcements w/ weekly themes

Wellness Team Video (introduced)

Wellness Team Pictures with QR code

Wellness Needs Assessment

Google Classroom

STUDENT WELLNESS SUPPORT TEAM

Our student wellness support team is made up of a diverse team of school -based specialists. The goal of this team is to provide support to CHEMS students, families, and staff in a variety of ways.



Ms.Hike

Community School Coordinator

Ms. Hike serves as the Community School Coordinator at CHEMS. Her role includes student academic achievement. Assisting families in accessing social services such as food assistance, healthcare and mental health. While promoting family engagement through the our Organized Parent Group and Student Family Community Council



Mr.Grant

Staff Associate Culture & Climate

Mr. Paul Grant, Staff Associate has been at the Historic Cherry Hill Elementary since 2021. He's served in public schools for over 24 years as a Physical and Health Educator , Special Educator, and Dean of students. Paul Grant strongly believes that all children can learn and can achieve anything if they stay focused.



Mrs.Becker

School Social Worker

Ms. Becker is the School Social Worker and the 504 Chair. This is her 6th year at the Historic Cherry Hill Elementary Middle School and her 31st year working as a licensed clinical social worker. Ms. Becker's specializations include the counseling of children, teens and families in the areas of ADHD, trauma, and grief. She provides counseling and resources to CHEMS students and families.



Mr.Wheeler

Wholeness Specialist

Mr. Wheeler is the Student Wholeness Specialist at CHEMS. This is the start of his 3rd school year here at CHEMS. His training in SEL and restorative practice has allowed him to help create a safe and welcoming environment for both staff and students. Nothing is more important to him than individuals feeling as if they have a voice. "Be the change that you want to see".



Ms. Moulton

Licensed Clinical Alcohol and Drug Counselor

She earned her master's degree in counseling from Lincoln University. Ms. Moulton has years of experience working with adults and children in settings such as schools, outpatient mental health clinics, inpatient hospitals, and correctional facilities.



Mr.Jamison

Director

Wesley Jamison is the Director at MissionFit Inc, leading movement, exercise, and health skills for youth in Baltimore.

Need Help

SCAN ME





Sample Introductory Video





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Lessons Learned





SWST Next Steps

- 1 {
 - Create SharePoint site for SWT's to share resources and best practices
- 2 {
 - Develop cross-departmental professional development to emphasize expectations for teams and schools
- 3 {
 - Develop methods for collecting ongoing feedback

BOARD OF SCHOOL COMMISSIONERS

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Ashley Esposito
Kwame' Jamal Kenyatta-Bey
Mujahid Muhammad
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